

Paddling Gear List

Basic Clothing:

Quick Drying shorts - 2 - One pair for use during the day and one for in camp at night.
Quick Drying Pants - 1
Quick Drying Shirt - 2 - One for use during the day and one for in camp at night
Sun Shirt
River Sandals
Camp Shoes
Briefs/Boxers/Panties We recommend non-cotton.
Synthetic or Wool Socks - 2 Pairs
Sun Protection Wide Brim UPF hat
Raingear - Raingear could save your life in a bad situation. Get quality raingear with taped seams.

Special Clothing for Colder Weather Trips:

Gloves - Fleece Gloves to keep your hands warm in camp and while paddling. For super cold weather, Seal Skinz or Neoprene gloves may be a good option.
Midweight Long Sleeve underwear shirt – 1 - Can be a Capilene or other synthetic quick drying material. Avoid cotton!
Midweight long underwear bottoms – 1 - This is an underwear bottom. Can be a Capilene or Polypropylene quick drying material. Avoid cotton!
Fleece Sweater - 1 - This should be a quick drying 200-300 weight polar fleece sweater.
Skull Cap

Packing Gear:

Large Waterproof Dry Bag - 55 Liter or Larger will handle your clothes, sleeping bag, pad and personal gear.
Large Waterproof Dry Bag - 35-55 Liter bag will handle your cooking gear, tent, and other group gear.
Small Waterproof Dry bag or dry box will handle your day clothes, raingear and lunch.

Camp Gear:

Tent
Sleeping Bag, Sleeping Pad
Headlight
Cooking Gear: Stove, Pots, Pot gripper, Fuel, Seasonings, and other cooking gear
Zip lock bags – 3 or 4 bags – 1-2 quarts
Eating Bowl, Spoon
Water bottles – 2 Get a leak proof bottle such as a nalgene.
Water Purification

Paddling Gear:

Bailer, Sponge
Throw rope (for moving water trips)
Mesh bag for loose items
Trash bag
Paddles, PFD's, Canoe or Kayak

Personal Gear:

Small shovel for answering calls of nature
Toiletries
Tooth brush, Extra contacts (if necessary), Glasses, Personal medication, Toothpaste, Deodorant
Toilet paper
Waterproof SPF 30 (or more) sunscreen
Sunglasses
Bug repellent
Optional:
Ear plugs, Camera, Pack Towel

